
MONTHLY PROGRESS REPORT

FEBRUARY 2020

Sri Lanka Anti-Doping Agency

06-03-2020

Physical and Financial Progress



Research

Target for the month of February

- 1) design a research to investigate dope positive cases in Sri Lanka (100%)
- 2) Engaged in the full paper publication of Arishta research.
- 3) Installation of laboratory instruments (30%)

Research Progress of February

- 1) Literature survey and designing of the research on “ survey study on dope positive cases” was completed and research proposal was drafted. (100%)
- 2) Reviewer comments for the manuscript submitted to Ceylon medical journal (CMJ) regarding the Arishta research full paper, were not received yet.
- 3) Sonicator, Magnetic Stirrer, Vortex mixture were installed and handed over to the laboratory. LC-MS/MS has been installed in the laboratory. Glassware was supplied to the laboratory. (20%)
- 4) Literature survey of the research on “nutrition intake from foods and supplementation practices of Sri Lankan university students in Colombo district “ was completed and research proposal was started to draft.(75%)
- 5) The full paper article titled “Prevalence patterns, knowledge and attitudes regarding dietary supplements within Sri Lankan elite athletes: a cross sectional study” was corrected according to one of the co-author comments and resubmitted to further review.



Testing

Target for the month of February

Urine Testing-Human -15

Blood Testing -0

Horse Testing -02

Testing Progress of February

No tests were done.

Awareness on Anti-Doping

Awareness on Anti-Doping

Target for the month of February

Seminars	No.of Programmes	No.of Participants
For Federation	04	145
Outreach	01	150
Total	05	295

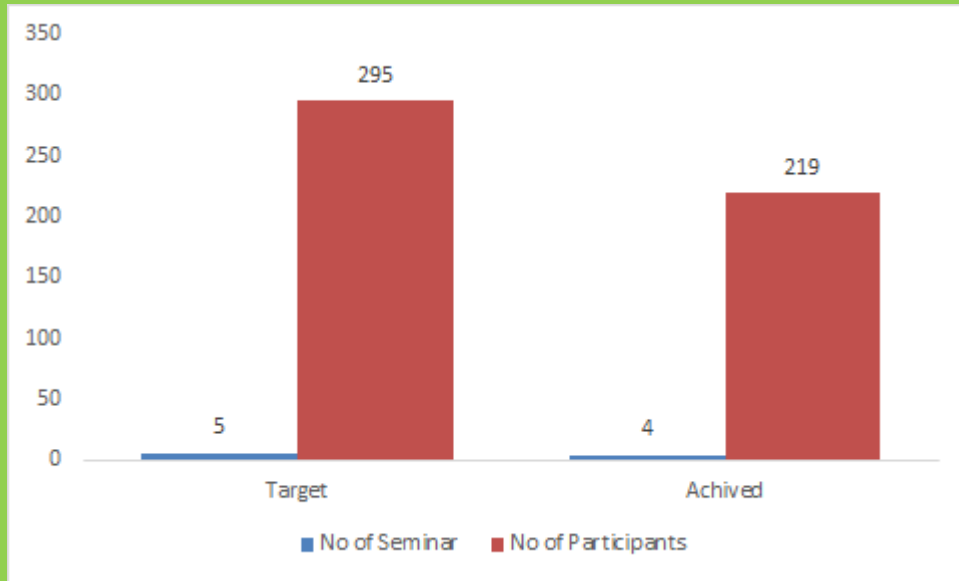
Awareness Program Progress of February

Date	Venue	Seminar	No of Participants
07.02.2020	University of Sabaragamuwa	Anti - Doping Awareness Programme for Sabaragamuwa University Students	131
11.02.2020	SLADA Board Room	Anti - Doping Awareness Programme for Billiards & Snooker Players	8



13.02.2020	SLADA Board Room	Anti - Doping Awareness Programme for National Netball Team	20
14.02.2020	Sri Lanka Foundation	Anti - Doping Awareness Programme for masseur	60
Total		04	219

Anti Doping Awareness Programs and Participants Targets vs Actual Chart



Anti - Doping Awareness Programme for Sabaragamuwa University Students





Anti - Doping Awareness Programme for Billiards & Snooker Players



- What is Doping?**
 Doping is defined as the use of prohibited substances and methods to unfairly enhance performance.
- 1 Prohibited substances
 - 2 Prohibited methods
 - 3 Doping control
 - 4 Violations
 - 5 Testing
 - 6 Penalties
 - 7 Therapeutic use exemption
 - 8 Anti-doping rule violations
 - 9 Consequences
 - 10 Prohibited Associations



Anti - Doping Awareness Programme for National Netball Team



Anti - Doping Awareness Programme for masseur



Legal

Legal

- Inquiries of
 1. Thilina Wijesinghe (Rugby)
 2. T.K.D.Maduharsha (Wrestling)

was held on 20th February 2020

- Model Rules have been sent to the Government Press for gazette publications.

