Monthly Progress Report June 2019

Inspiring TRUE Sport

Sri Lanka Anti-Doping Agency

05-07-2019



Research

- Prepared Questionnaire to collect data from athletes and Clinical record form to record athletes health status pertaining to the research titled "Dietary Supplement induced health effects in Sri Lankan athletes; A Pilot Study"
- Discussed with Accredited Medical Laboratories to conduct health checkup for 60 athletes and taken quotations for the above mentioned Dietary Supplement research.
- Discussed with sports federations in Sri Lanka to recruit athletes for the Dietary Supplement research.
- Coordinated with Dangerous Drug Control board to edit the GC-MS spectra of Arishta research in order to publish full research paper.
- Started to write the research full paper of the research titled "Dietary Supplement usage, knowledge and practice of Sri Lankan athletes; A Cross Sectional Study".
- Prepare evaluation criteria for the Tender of "Purchasing Ultra Pure Water system, Water Distillation unit".

Testing

URINE TESTING

Sport	In (IC)/Out Competition (OOC) /ESA/IRMS	No of Tests
Volleyball	OOC	04
Kabaddi	OOC	04
Wrestling	OOC	04
Netball	OOC	03
Rugby	IC	04
	19	

BLOOD TESTING

Sport	In (IC)/Out Competition (OOC)/ESA/IRMS	No of Tests
Kabaddi	OOC	04
Wrestling	OOC	03
	07	

No of Tests Conducted:

URINE TESTING - 19

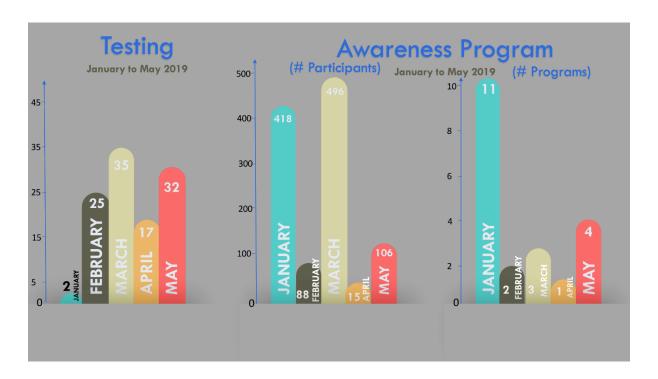
BLOOD TESTING - 07

Awareness Programs

Date	Venue	Seminar	No of Participants
10/06/2019	SLADA Auditorium	Boxing Coaches	34
19.06.2019	National Institute of Sports Science	Wrestling Pool for South Asian Games	39
21.06.2019	National Institute of Sports Science	Kabaddi Pool for South Asian Games	30
Total			103

Note: Two awareness programs were conducted by Dr.Shiromi Pilapitiya on June 2019. Hence she is overseas now with the netball team, we couldn't get the attendance sheets of that particular awareness programs. Those number of participants and 2 awareness programs also should be added to the above table. We kindly inform you that, the number of awareness programs then should be 5 but we inserted the information on 3 awareness programs only.

No of Participants: 103



Legal

Disciplinary Inquiry

Hearing of Disciplinary Inquiry of Athlete Miss. C. Melani Bendarage (Athletic) was held on 06.06.2019 and 25.06.2019.

Hearing of Disciplinary Inquiry of Boxer Mr.W.A.C.Indika Perera (Boxing) was held on 25.06.2019.

Training/Special Events

Foreign Tours

Dr. Seevali jayawickreme, Director General of Sri Lanka Anti-Doping Agency has been participated for the "2019 KADA Anti-Doping Seminar in Asia" which was held in Seoul, Republic of Korea during the period of 27-28 June 2019.