Monthly Progress Report
July 2019
Inspiring TRUE Sport

Sri Lanka Anti-Doping Agency

06-08-2019
Physical and Financial Progress
Research

1. Screening of 98 athletes for the recruitment of participants to the research titled “Dietary supplement induced health effects of Sri Lankan athletes; A Pilot study”. Questionnaire was filled by interviewing 98 athletes to obtained data for this screening. Athletes were taken from the existing National Pool of Wushu men & women, Rugby women, Kabaddi men & women, Student of Advance Diploma at National Institute of Sports Science (NISS) and University athletes.

2. After analysing the screening data 44 athletes were recruited for further research of health status.

3. 25 athletes who are using dietary supplements were taken to the Lanka hospital Laboratories and their Fasting Blood Glucose, Lipid Profile, Kidney Profile, Full Blood Count, Urine full Report, Urine Protein/ Creatinine Ratio, Serum Testosterone level, Physical examination by medical doctors were performed.

4. Provide Assistance to the Technical Evaluation Committee (TEC) of purchasing LC-MS/MS to the research laboratory of SLADA by analysing, sorting, presenting the data provided by the bidder to the TEC members in order to accelerate the technical evaluation process.

5. Submitted the manuscript of research titled “Screening for performance enhancing substances and quantification of ethanol in Arista manufactured in Sri Lanka” to the Indian Journal of Pharmacology for publication of the research findings.

6. Writing the research full paper of the research titled “Dietary Supplement usage, knowledge and practice of Sri Lankan athletes; A Cross Sectional Study”.

7. Participated SLMA pre congress one day workshop titled “Research proposal to paper”.

Testing

### URINE TESTING

<table>
<thead>
<tr>
<th>Sport</th>
<th>In (IC)/Out Competition (OOC) /ESA/IRMS</th>
<th>No of Tests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Powerlifting</td>
<td>In Competition</td>
<td>02</td>
</tr>
<tr>
<td>Swimming</td>
<td>In Competition</td>
<td>04</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>06</td>
</tr>
</tbody>
</table>

**No of Tests Conducted:**

**URINE TESTING - 06**

### Awareness Programs

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Seminar</th>
<th>No of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>03.07.2019</td>
<td>Rugby Union Auditorium</td>
<td>Anti-Doping Seminar for Sri Lanka National Women 7’s Rugby Team</td>
<td>23</td>
</tr>
<tr>
<td>12.07.2019</td>
<td>Sri Lanka Foundation</td>
<td>Anti-Doping Seminar for coaches &amp; athletes</td>
<td>78</td>
</tr>
<tr>
<td>18.07.2019</td>
<td>SLADA Auditorium</td>
<td>Anti-Doping Seminar for Beach Volleyball South Asian Games Participants</td>
<td>16</td>
</tr>
<tr>
<td>22.07.2019</td>
<td>Sports Ministry Auditorium</td>
<td>Anti-Doping Seminar for Coaches &amp; Sports Officers (කීඩා ශක්ති Programme)</td>
<td>180</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td>297</td>
</tr>
</tbody>
</table>

**No of Participants: 297**
National Women 7’s Rugby Team

Anti-Doping Seminar for coaches & athletes

Beach Volleyball South Asian Games Participants

Coaches & Sports Officers (Krida Shakti Programme)
Legal

Disciplinary Inquiry

Inquiry of C.Melani Bendarage was concluded on 2nd July and due for written submissions.

Inquiry of Mr. Kalinga Kumarage was also concluded on 30th July after the oral submissions were taken. Due for the Written submissions.

Special Events

Media Launch Release of DR app

This program was conducted on 30.07.2019 under the guidance of Prof. Arjuna De Silva at the SLADA Auditorium. Journalists and media professionals from ITN, Swarga TV, Lakehouse and Veerakesari participated for this programme. The guests were welcomed by Prof. Arjuna De Silva and also a brief introduction on key role of SLADA and its activities were given by Dr. Seevali Jayawickreme. Thereafter, Y.A.U. Medhavi the IT Officer of SLADA gave an explanation regarding the DR app and also instructions on how to use this app.
Android Mobile App by SLADA

DR APP (Drug Reference App)
Launching Release 2019

Tuesday, July 30, 11.30am-12.50pm
SLADA (4th Floor) Auditorium

PROGRAMME

WELCOME MESSAGE
Prof Aujna De Silva - Chairman
Welcome the audience, Purpose of the program, Introduction of SLADA with history
11.40-11.50am

INTRODUCTION ON ANTI-DOPING
Dr. Seeval Jayawickrama - Director General
Who we are? What we do? How we do? Prohibited Substances and Methods? Our Targets
11.50am-12.00pm

LAUNCHING APP
Y.A.U. Medhani - IT Officer
Presentation - Problem, Solution, Technology used, Features, How to download, Promotional Video
12.00pm-12.25pm

CONCLUSION AND LUNCH
Short Talk
12.25pm - 12.50pm