

# Monthly Progress Report

## July 2019

*Inspiring TRUE Sport*

**Sri Lanka Anti-Doping Agency**

06-08-2019

Physical and Financial Progress



## Research

1. Screening of 98 athletes for the recruitment of participants to the research titled “Dietary supplement induced health effects of Sri Lankan athletes; A Pilot study”. Questionnaire was filled by interviewing 98 athletes to obtain data for this screening. Athletes were taken from the existing National Pool of Wushu men & women, Rugby women, Kabaddi men & women, Student of Advance Diploma at National Institute of Sports Science (NISS) and University athletes.
2. After analysing the screening data 44 athletes were recruited for further research of health status.
3. 25 athletes who are using dietary supplements were taken to the Lanka hospital Laboratories and their Fasting Blood Glucose, Lipid Profile, Kidney Profile, Full Blood Count, Urine full Report, Urine Protein/ Creatinine Ratio, Serum Testosterone level, Physical examination by medical doctors were performed.



4. Provide Assistance to the Technical Evaluation Committee (TEC) of purchasing LC-MS/MS to the research laboratory of SLADA by analysing, sorting, presenting the data provided by the bidder to the TEC members in order to accelerate the technical evaluation process.
5. Submitted the manuscript of research titled “Screening for performance enhancing substances and quantification of ethanol in Arista manufactured in Sri Lanka” to the Indian Journal of Pharmacology for publication of the research findings.
6. Writing the research full paper of the research titled “Dietary Supplement usage, knowledge and practice of Sri Lankan athletes; A Cross Sectional Study”.
7. Participated SLMA pre congress one day workshop titled “Research proposal to paper”.

## Testing

### URINE TESTING

Sport	In (IC)/Out Competition (OOC) /ESA/IRMS	No of Tests
Powerlifting	In Competition	02
Swimming	In Competition	04
Total		06

### **No of Tests Conducted:**

URINE TESTING - 06

### **Awareness Programs**

Date	Venue	Seminar	No of Participants
03.07.2019	Rugby Union Auditorium	Anti-Doping Seminar for Sri Lanka National Women 7's Rugby Team	23
12.07.2019	Sri Lanka Foundation	Anti-Doping Seminar for coaches & athletes	78
18.07.2019	SLADA Auditorium	Anti-Doping Seminar for Beach Volleyball South Asian Games Participants	16
22.07.2019	Sports Ministry Auditorium	Anti-Doping Seminar for Coaches & Sports Officers (ක්‍රීඩා ශක්ති Programme)	180
<b>Total</b>			<b>297</b>

### **No of Participants: 297**



# National Women 7's Rugby Team



# Anti-Doping Seminar for coaches & athletes

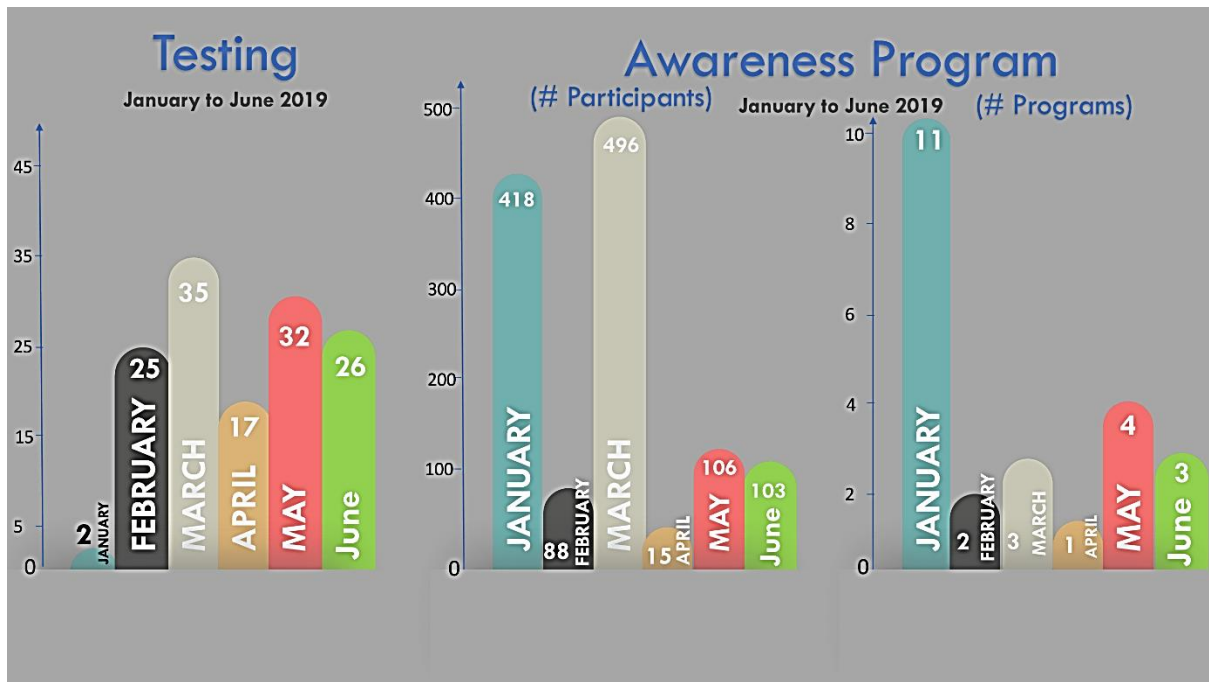


# Beach Volleyball South Asian Games Participants



# Coaches & Sports Officers (Krida Shakthi Programme)





## Legal

### Disciplinary Inquiry

Inquiry of C.Melani Bendarage was concluded on 2nd July and due for written submissions

Inquiry of Mr. Kalinga Kumarage was also concluded on 30th July after the oral submissions were taken. Due for the Written submissions.

## Special Events

### Media Launch Release of DR app

This program was conducted on 30.07.2019 under the guidance of Prof. Arjuna De Silva at the SLADA Auditorium. Journalists and media professionals from ITN, Swarga TV, Lakehouse and Veerakesari participated for this programme. The guests were welcomed by Prof. Arjuna De Silva and also a brief introduction on key role of SLADA and its activities were given by Dr. Seevali Jayawickreme. Thereafter, Y.A.U. Medhavi the IT Officer of SLADA gave an explanation regarding the DR app and also instructions on how to use this app.



Android Mobile App by SLADA

# DR APP (Drug Reference App)

Launching Release 2019



PROGRAMME

Tuesday, July 30, 11.30am-12.30pm  
SLADA (4th Floor) Auditorium



## WELCOME MESSAGE

*Prof. Arjuna De Silva - Chairman*

Welcome the audience. Purpose of the program. Introduction of SLADA with history  
11.40-11.50am



## INTRODUCTION ON ANTI-DOPING

*Dr. Sarvani Jayawickreme - Director General*

Who we are? What we do? How we do? Prohibited Substances and Methods? Our Targets  
11.51am-12.01pm



## LAUNCHING APP

*Y.A.U. Madhavi - IT Officer*

Presentation - Problem, Solution, Technology used, Features, How to Download, Promotional Video  
12.01pm-12.25pm



## CONCLUSION AND LUNCH

Short Talk  
12.25pm - 12.30pm

