

# Monthly Progress Report

## August 2019

*Inspiring TRUE Sport*

**Sri Lanka Anti-Doping Agency**

05-09-2019

Physical and Financial Progress



## Research

1. Data collection for the research titled “ Dietary supplement induced health effects of Sri lankan athletes; A Pilot study” were completed. 20 athletes who are using dietary supplements were taken to the Lanka hospital Laboratories and their Fasting Blood Glucose, Lipid Profile, Kidney Profile, Full Blood Count, Urine full Report, Urine Protein/ Creatinine Ratio, Serum Testosterone level, Physical examination by medical doctors were performed.

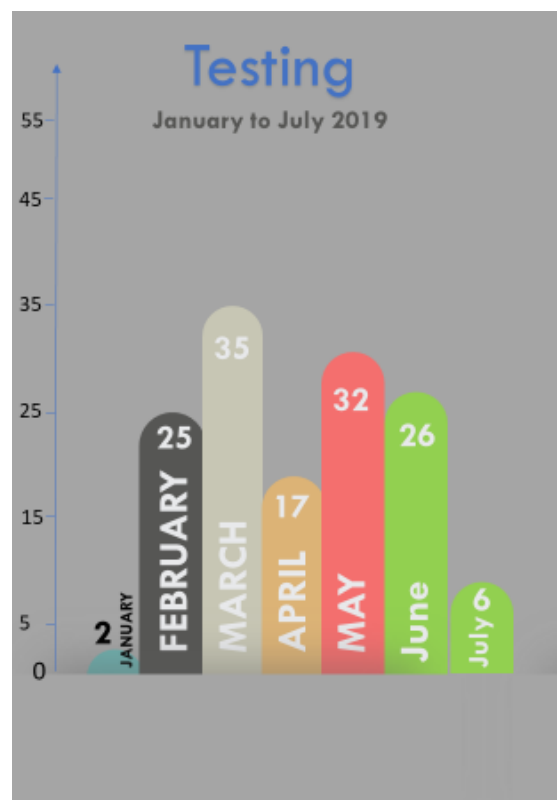


2. The collected data of 45 athletes from questionnaires and laboratory medical investigations were entered into the computer through statistical software package SPSS.
3. Submitted the manuscript of research titled “ Screening for performance enhancing substances and quantification of ethanol in Arishta manufactured in Sri Lanka” to the Ceylon medical for publication of the research findings.

## Testing

### URINE TESTING

Sport	In (IC)/Out Competition (OOC) /ESA/IRMS	No of Tests
Boxing	In Competition	04
Athletic	In Competition	48
Rugby	Out of Competition	03
<b>Total</b>		<b>55</b>



### No of Tests Conducted:

**URINE TESTING - 55**

**BLOOD TESTING - 02**

### Awareness Programs

Date	Venue	Seminar	No of Participants
01.08.2019	Sports Ministry Auditorium	Anti - Doping Awareness Programme for Army Athletic Association	126
06.08.2019	Municipal Council Auditorium	Anti - Doping Awareness Programme for Sports Teachers	94
18.08.2019	SLADA Auditorium	Anti - Doping Awareness Programme for Participaters of 97th National Championship 2019	33
21.08.2019	Rugby Union Auditorium	Anti - Doping Awareness Programme for Rugby National Team	21
<b>Total</b>		<b>04</b>	<b>274</b>



## Outreach Programme

Date	Venue	Sport
2019.08.22	Sugathadasa Stadium	Aquatics Swimming



### Photos of Awareness Programs

- Anti - Doping Awareness Programme for Army Athletic Association



- Anti - Doping Awareness Programme for Sports Teachers



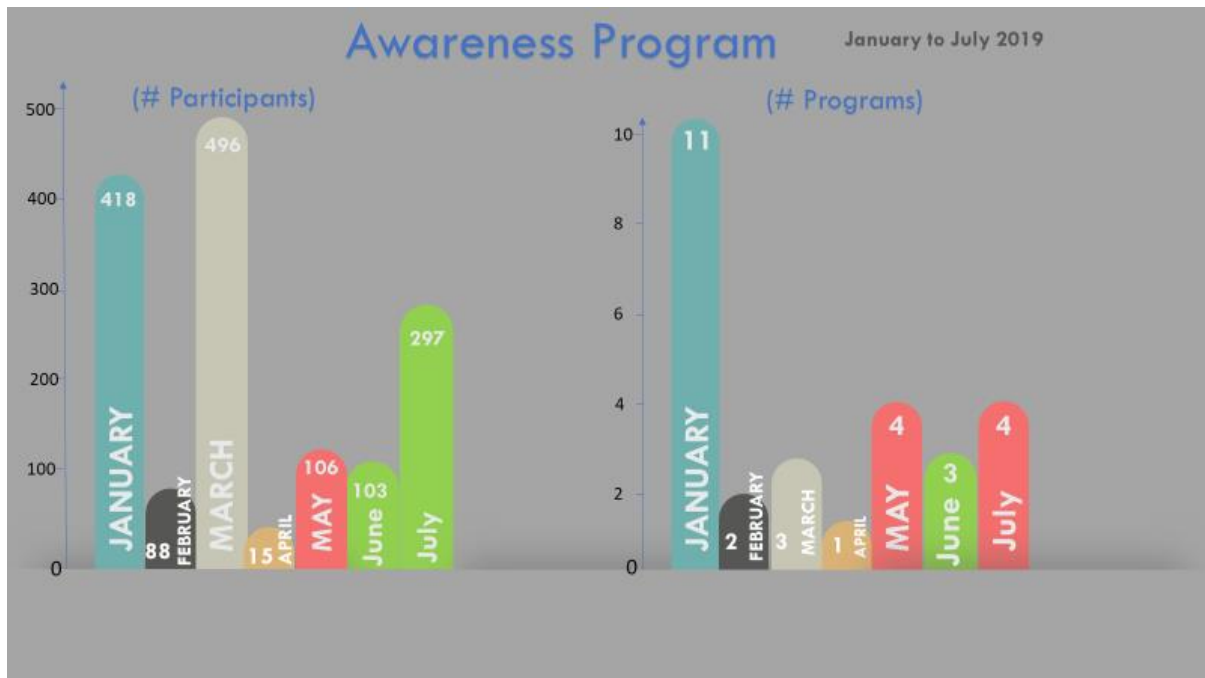
- Anti - Doping Awareness Programme for Participaters of 97th National Championship 2019



- Anti - Doping Awareness Programme for Rugby National Team



## No of Participants:



## Legal

Boxer W.A.C. Indika Perera was imposed with a sanction period of four years by the disciplinary panel of Sri Lanka Anti-Doping Agency, from 29.09.2018 up to 28.09.2022