

Monthly Progress Report

December 2019

Inspiring TRUE Sports

Sri Lanka Anti-Doping Agency

03-01-2020

Physical and Financial Progress

Research

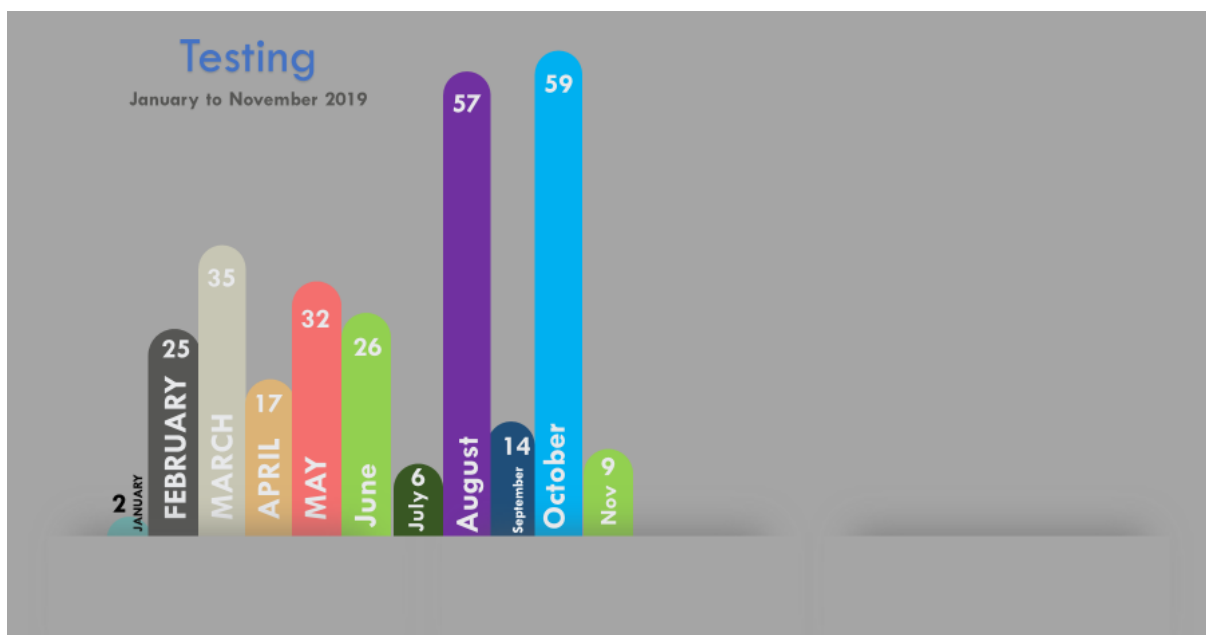
1. Data of research titled “Evaluation of knowledge, perceptions and practices of elite athletes regarding dietary supplements intake in Sri Lanka: a cross sectional study”. Were further analysed using SPSS tools to get more informative results.
2. Enter the data collected for the research titled “ Dietary supplement induced health effects of Sri lankan athletes; A Pilot study” into the SPSS software .
3. Entered data of research mentioned in no.2 were analysed from SPSS tools to draw basic conclusions and write the abstract report.
4. Attended the “workshop on Introduction to qualitative and quantitative data collection and analysis”.
5. Attended a short course of “Basic statistics for the researchers and managers”.

Testing

URINE TESTING

No of Tests Conducted:

URINE TESTING -0



Awareness Programs

Date	Venue	Seminar	No of Participants
03.12.2019	Rugby Union	Anti-Doping Awareness Programme for Under 19th National Rugby Team	33
18.12.2019	National Institute of Sports Science	Anti - Doping Awareness Programme for Athletic Coaches	18
19.12.2019	National Institute of Sports Science	Anti - Doping Awareness Programme for Athletic Coaches	12
28.12.2019	National Institute of Sports Science	Anti - Doping Awareness Programme for Physical Fitness Instructor Training Course 2019	17
Total			80

No of Participants: 80

Outreach Programme

Date	Venue	Seminar	No of Participants
28.11.2019	Sugathadasa National Sport Complex	Providing awareness to the parents with relevant to anti doping with parallel to the John Tarbat Meet.	600

Photos of Awareness Programs

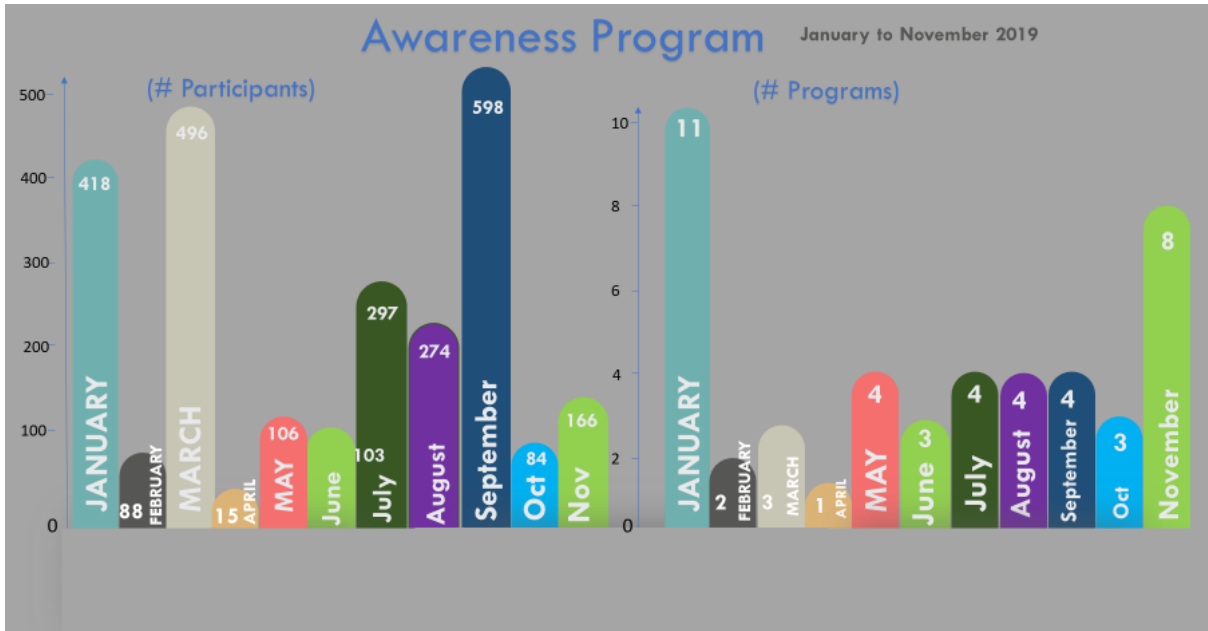
Sugathadasa National Sport Complex



Under 19th National Rugby Team



Athletic Coaches at NISS on 12/18 and 12/19



Legal

Two new positive cases reported from the lab Qatar.

1. Rugby

2. Wrestling

Preliminary inquiries for the B sample of both the Athletes were conducted on 24th December 2019.